



# BATESVILLE COMMUNITY SCHOOL CORPORATION FARM TO SCHOOL PROGRAM

## PROGRAM GOALS

- ◆ Consumption of more fruits and vegetables at school and at home through healthier options in the school cafeteria
- ◆ Better awareness and knowledge about gardening, agriculture, healthy eating, local food and seasonality
- ◆ Demonstrated willingness to try out new foods and healthier options

## WHY FARM TO SCHOOL?

### HEALTH: KIDS WIN

**All kids deserve access to nutritious, high quality food.** One-third of U.S. children are obese or overweight, and only 2% of children meet the Food Guide Pyramid daily serving recommendations. Schools operating a Farm to School Program have shown increases in children's participation in the school meals program and consumption of fruits and vegetables.

### AGRICULTURE: FARMERS WIN

**Farm to School supports farming families** by increasing market opportunities for farmers, fruit and vegetable growers, food processors and food manufacturers. Farm to School programs can open up the expansive school food market, estimated at more than \$12 billion a year to local farmers.

### ECONOMY: COMMUNITIES WIN

**Farm to School strengthens the community.** Farm to School programs create opportunities for developing meaningful community relationships between schools, parents, and local farmers. For every dollar spent on local foods in schools, one to three dollars circulate in the economy.

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To learn more visit: [www.farmtoschool.org](http://www.farmtoschool.org) ◆ [www.grannysgardenschool.com](http://www.grannysgardenschool.com)