




SLS MARCH 2010 BREAKFAST MENU

All breakfasts are served with fruit and low fat milk ♦ All bread and buns are whole wheat white

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
28	1 Blueberry Muffin	2 Toast with Butter and Jelly Yogurt	3 Cheerio's with Milk	4 Bagel with Butter Yogurt	5 Buttermilk Biscuit with Butter and Jelly	6
7	8 Breakfast Pizza	9 Cinnamon Twist	10 Blueberry Muffin	11 Reduced Sugar Frosted Flakes with Milk	12 Apple Sticks	13
14	15 Cheerio's with Milk	16 Rice Krispies Cereal with Milk	17 Cinnamon Toast Yogurt 	18 Sausage, Egg and Cheese Biscuit	19 Cinnamon Roll	20
21	22 	23 	24 	25 	26 	27
28	29 Apple Sticks	30 Blueberry Muffin	31 Breakfast Pizza	April 1 	April 2	3

SLS MARCH 2010 LUNCH MENU

All lunches are served with fruit and low fat milk ♦ All bread and buns are whole wheat white ♦ Snacks are for K – 4

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
28	1 BBQ Rib on Bun Peas and Carrots California Blend	2 Chicken Fried Steak on Bun or Pizza Burger on Bun Carrots Tossed Salad	3 Texas Straw Hats With Toppings Mixed Vegetables Succotash	4 Popcorn Chicken Baked Potato Butter Bread Green Beans	5 Shrimp Buttery Noodles Corn <i>Mrs. Linville's Class</i>	6
7	8 Chicken Nuggets Butter Bread Fries Peas	9 Breakfast for Lunch Sausage, Egg and Cheese Biscuit Orange Juice	10 Hamburger on Bun or Cheeseburger on Bun California Blend Succotash	11 Corndog or Pork Fritter on Bun Au Gratin Potatoes Carrots	12 Cheese Pizza Broccoli Peas and Carrots	13
14	15 Hot Dog on Bun Baked Beans Fresh Carrots with Dip Birthday Day! 	16 Grilled Chicken on Bun or Krispy Fish on Bun Mixed Vegetables Green Beans	17 Boneless Chicken Wings Mashed Potatoes Crackers Carrots 	18 Shredded BBQ Pork on Bun or Ham Sandwich Tossed Salad Succotash	19 Grilled Cheese Tomato Soup California Blend	20
21	22 	23 	24 	25 	26 	27
28	29 Breaded Chicken on Bun Fries Peas and Carrots	30 Pepperoni Pizza Broccoli with Cheese Mixed Vegetables	31 Chicken Noodle Soup 1/2 Turkey Sandwich Carrots or Green Beans Crackers	April 1 	April 2	3
	Snacks Cheez-Its	Snacks Scooby Do Graham Crackers	Snacks Pretzels	Snacks Fruit Snacks	Snacks Baked Cheetos	